JUNE

SEASONAL PRODUCE GUIDE

VEGETABLES

Baby fennel
Baby red capsicums
Beetroot
Broccoli
Brown onions
Brussels sprouts
Cabbage
Carrots
Cauliflower
Celeriac
Celery
Chinese greens
Dutch carrots
English spinach
Fennel
Chinese broccoli
Garlic
Ginger
Jerusalem artichokes
Sweet potatoes
Leeks
Parsnips
Potatoes
Pumpkin
Rosemary
Sage
Silverbeet
Spinach
Witlof

FRUITS

Bananas
Carambola
Chestnuts
Custard apples
Fuji apples
Grapefruit
Kiwifruit
Lemons
Limes
Mandarins
Nashi
Navel oranges
Packham pears
Panama passionfruit
Pears
Persimmons
Pink lady apples
Quinces
Red delicious apples
Rhubarb
Ruby red grapefruit

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